

Patient Registration

Patient Information					
First Name		Last Name		MI	Date of Birth
Address		City		State	Zip
Check Primary Phone	Home Phone <input type="checkbox"/>	Work Phone <input type="checkbox"/>	Cell Phone <input type="checkbox"/>		
Other Name(s) Used			E-mail Address		
Gender <input type="checkbox"/> M <input type="checkbox"/> F	SSN	Preferred Language		Driver's License	
Marital Status <input type="checkbox"/> Married <input type="checkbox"/> Single <input type="checkbox"/> Divorced <input type="checkbox"/> Separated <input type="checkbox"/> Widowed <input type="checkbox"/> Life Partner	Preferred Contact <input type="checkbox"/> Mail <input type="checkbox"/> Home Phone <input type="checkbox"/> Day Phone <input type="checkbox"/> Cell Phone <input type="checkbox"/> Patient Portal	Ethnicity <input type="checkbox"/> Cambodian <input type="checkbox"/> Filipino <input type="checkbox"/> Hispanic/Latino <input type="checkbox"/> Non-Hispanic	Race <input type="checkbox"/> American Indian or Alaskan Native <input type="checkbox"/> Asian <input type="checkbox"/> Black or African American <input type="checkbox"/> Native Hawaiian/Other Pacific Islander <input type="checkbox"/> White <input type="checkbox"/> Other		
Primary Care Provider			Referring Provider		
Responsible Party (Guarantor)					
First Name		Last Name		MI	Date of Birth
Address		City		State	Zip
Check Primary Phone	Home Phone <input type="checkbox"/>	Work Phone <input type="checkbox"/>	Cell Phone <input type="checkbox"/>		
SSN	Relationship to Patient		Preferred Language		Driver's License
Emergency Contact (for minor child, this section may be used for other parent)					
First Name		Last Name		MI	Date of Birth
Address		City		State	Zip
Please check Primary Phone	Home Phone <input type="checkbox"/>	Work Phone <input type="checkbox"/>	Cell Phone <input type="checkbox"/>		
<p>I/We do hereby consent to and authorize the performance of all treatments, surgeries and medical services deemed advisable by the physicians and staff of Community Health and Life Center to me or to the above-named minor of whom I am the parent or legal guardian. I hereby certify that, to the best of my knowledge, all statements contained hereon are true. I understand that I am directly responsible for all charges incurred for medical services for myself and my dependents regardless of insurance coverage, excluding only authorized services provided under a valid prepaid HMO contract. I furthermore agree to pay legal interest, collection expenses, and attorneys' fees incurred to collect any amount I may owe. I also hereby authorize Community Health and Life Center to release information requested by insurance company and/or its representatives. I fully understand this agreement and consent will continue until cancelled by me in writing.</p>					
_____ Signature of Patient/Responsible Party			_____ Date		
_____ Name of Patient/Responsible Party (Please Print)			_____ Relationship to Patient		

Patient Registration

Pharmacy Information			
Preferred Pharmacy	Secondary Pharmacy		
Name	Name		
Address	Address		
Phone	Phone		
Fax	Fax		
Advanced Directives			
<input type="checkbox"/> None <input type="checkbox"/> Do Not Resuscitate <input type="checkbox"/> Durable Power of Attorney <input type="checkbox"/> Living Will <input type="checkbox"/> HC Proxy Date Reviewed:			
Medications - List all medications you take, prescription and non-prescription, and the dosage			
<input type="checkbox"/> I do not take any medications			
Medication Name	Dosage		
Medication and Food Allergies - List all known allergies (drugs, food, animals, etc.)			
<input type="checkbox"/> No Known Allergies			
Medical History - Check if you have ever experienced the following conditions, and year of onset.			
Condition	Year	Condition	Year
<input type="checkbox"/> None		<input type="checkbox"/> Gallbladder Disease	
<input type="checkbox"/> Allergies		<input type="checkbox"/> GERD (Reflux)	
<input type="checkbox"/> Anemia		<input type="checkbox"/> Hepatitis C	
<input type="checkbox"/> Angina		<input type="checkbox"/> Hyperlipidemia	
<input type="checkbox"/> Anxiety		<input type="checkbox"/> Hypertension	
<input type="checkbox"/> Arthritis		<input type="checkbox"/> Irritable Bowel Disease	
<input type="checkbox"/> Asthma		<input type="checkbox"/> Liver Disease	
<input type="checkbox"/> Atrial Fibrillation		<input type="checkbox"/> Migraine Headaches	
<input type="checkbox"/> Benign Prostatic Hypertrophy		<input type="checkbox"/> Myocardial Infarction	
<input type="checkbox"/> Blood Clots		<input type="checkbox"/> Osteoarthritis	
<input type="checkbox"/> Cancer - Type		<input type="checkbox"/> Osteoporosis	
<input type="checkbox"/> Cerebrovascular Accident		<input type="checkbox"/> Peptic Ulcer Disease	
<input type="checkbox"/> Coronary Artery Disease		<input type="checkbox"/> Renal Disease	
<input type="checkbox"/> COPD (Emphysema)		<input type="checkbox"/> Seizure Disorder	
<input type="checkbox"/> Crohn's Disease		<input type="checkbox"/> Thyroid Disease	
<input type="checkbox"/> Depression		<input type="checkbox"/> Other	
<input type="checkbox"/> Diabetes		<input type="checkbox"/> Other	

Patient Registration

Surgical History - Check if you have received the following procedures, and year performed.							
Surgical Procedure	Year	Surgical Procedures	Year				
<input type="checkbox"/> None		Male Only					
<input type="checkbox"/> Angioplasty		<input type="checkbox"/> Prostate Biopsy					
<input type="checkbox"/> Angioplasty w/Stent		<input type="checkbox"/> TURP					
<input type="checkbox"/> Appendectomy		(Trans-urethral resection of Prostate)					
<input type="checkbox"/> Arthroscopy Knee		<input type="checkbox"/> Vasectomy					
<input type="checkbox"/> Back Surgery		<input type="checkbox"/> Other					
<input type="checkbox"/> CABG (heart bypass)		<input type="checkbox"/> Other					
<input type="checkbox"/> Carpal Tunnel Release							
<input type="checkbox"/> Cataract Extraction		Female Only					
<input type="checkbox"/> Cholecystectomy		<input type="checkbox"/> Augmentation Mammoplasty					
<input type="checkbox"/> Colectomy		<input type="checkbox"/> Bilateral Tubal Ligation					
<input type="checkbox"/> Colostomy		<input type="checkbox"/> Breast Biopsy					
<input type="checkbox"/> Gastric Bypass		<input type="checkbox"/> Cesarean Section					
<input type="checkbox"/> Hernia Repair		<input type="checkbox"/> D and C					
<input type="checkbox"/> Hip Replacement		<input type="checkbox"/> Hysterectomy					
<input type="checkbox"/> Knee Replacement		<input type="checkbox"/> Mastectomy					
<input type="checkbox"/> LASIK		<input type="checkbox"/> Myomectomy					
<input type="checkbox"/> Liver Biopsy		<input type="checkbox"/> Reduction Mammoplasty					
<input type="checkbox"/> Pacemaker		<input type="checkbox"/> TAH/BSO					
<input type="checkbox"/> Small Bowel Resection		<input type="checkbox"/> Vaginal Hysterectomy					
<input type="checkbox"/> Thyroidectomy		<input type="checkbox"/> Other					
<input type="checkbox"/> Tonsillectomy		<input type="checkbox"/> Other					
Health Maintenance - Check if you have received the following, and date of most recent exam.							
Exam	Date	Exam	Date				
<input type="checkbox"/> None		<input type="checkbox"/> GYN Exam					
<input type="checkbox"/> Breast Exam		<input type="checkbox"/> Influenza Vaccine					
<input type="checkbox"/> Cardiac Stress Test		<input type="checkbox"/> Lipid Panel					
<input type="checkbox"/> Colonoscopy		<input type="checkbox"/> Mammogram					
<input type="checkbox"/> DEXA Scan		<input type="checkbox"/> PAP Test					
<input type="checkbox"/> Echocardiogram		<input type="checkbox"/> Physical Exam					
<input type="checkbox"/> EKG		<input type="checkbox"/> Pneumococcal Vaccine					
<input type="checkbox"/> Eye Exam		<input type="checkbox"/> Pulmonary Function Test					
<input type="checkbox"/> FOBT (stool card for hidden blood)		<input type="checkbox"/> Sigmoidoscopy					
<input type="checkbox"/> Foot Exam		<input type="checkbox"/> Tetanus Vaccine					
Family History - Check if any family member(s) has had any of the following conditions.							
<input type="checkbox"/> Adopted							
Diagnosis	Mother	Father	Brother	Sister	Other	Other	Other
Alcoholism	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Allergies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Alzheimer's Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Blood Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CAD (Heart Attack)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cancer - Type:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CVA (Stroke)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Depression	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Developmental Delay	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Patient Registration

Family History continued							
Diagnosis	Mother	Father	Brother	Sister	Other	Other	Other
Eczema	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hearing Deficiency	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hyperlipidemia (High Cholesterol)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hypertension (High Blood Pressure)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Irritable Bowel Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Learning Disability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mental Illness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Obesity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Osteoarthritis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Osteoporosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PVD	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Renal Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
History Patient							
Occupation				Employer			
Do you have children? <input type="checkbox"/> Yes <input type="checkbox"/> No		How many?		Female(s)		Male(s)	
Tobacco Use	<input type="checkbox"/> Daily <input type="checkbox"/> Weekly <input type="checkbox"/> Less			<input type="checkbox"/> Chewing <input type="checkbox"/> Pipe			
<input type="checkbox"/> No	<input type="checkbox"/> Former/Year quit:			<input type="checkbox"/> Cigar <input type="checkbox"/> Cigarette			
				<input type="checkbox"/> Smokeless Brand:			
Alcohol Use	<input type="checkbox"/> Daily <input type="checkbox"/> Weekly <input type="checkbox"/> Less			<input type="checkbox"/> Beer <input type="checkbox"/> Wine			
<input type="checkbox"/> No	<input type="checkbox"/> Former/Year quit:			<input type="checkbox"/> Liquor <input type="checkbox"/> Other:			
Exercise Activity	<input type="checkbox"/> Moderate <input type="checkbox"/> Vigorous <input type="checkbox"/> Sedentary			Sleep Pattern:			
	Days/Week:			<input type="checkbox"/> Changes <input type="checkbox"/> No Changes			
Caffeine Use	<input type="checkbox"/> Daily <input type="checkbox"/> Weekly <input type="checkbox"/> Less			<input type="checkbox"/> Chocolate <input type="checkbox"/> Coffee			
<input type="checkbox"/> No	<input type="checkbox"/> Former/Year quit:			<input type="checkbox"/> Soda <input type="checkbox"/> Tea			
				<input type="checkbox"/> Tablets <input type="checkbox"/> Other:			
For Pediatric Patient							
Patient Reside with:	Primary	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Both Parents	<input type="checkbox"/> Other:		
	Secondary	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Other:			
Mother's Occupation				Father's Occupation			
Parents Relationship				Childcare			
<input type="checkbox"/> Married <input type="checkbox"/> Single		<input type="checkbox"/> Separated		<input type="checkbox"/> Mother <input type="checkbox"/> Grandparent		<input type="checkbox"/> Nanny	
<input type="checkbox"/> Divorced				<input type="checkbox"/> Father <input type="checkbox"/> Daycare			
<input type="checkbox"/> Widowed				<input type="checkbox"/> Sibling			
Tobacco Exposure: <input type="checkbox"/> Yes <input type="checkbox"/> No				Patient is current smoker? <input type="checkbox"/> Yes <input type="checkbox"/> No			
Smokers at home: <input type="checkbox"/> Yes <input type="checkbox"/> No							



Cancellation Policy

Upon scheduling appointments, we have reserved this time especially for you. If you are unable to keep this appointment, please give a minimum of 24-hour notice. Be advised that there may be a charge for the missed appointment.

Please also be advised that our courtesy text reminders and email communications are not to be used for cancelling appointments. These courtesy reminders are opted in or out directly by the patient.

Signature of Patient/Responsible Party

Date

Name of Patient/Responsible Party (Print)

Relationship to Patient

Agreement of Financial Responsibility

Thank you for choosing us as your health care provider. We are committed to providing quality care and service to all of our patients. The following is a statement of our financial policy, which we require that you read and agree to prior to any treatment.

- Please understand that payment of your bill is considered part of your treatment. Fees are payable when services are rendered. We accept cash, check, credit cards, and pre-approved insurance for which we are a contracted provider and are the designated Primary Care Provider (PCP), if applicable.
- It is your responsibility to know your own insurance benefits, including whether we are a contracted provider with your insurance company, your covered benefits and any exclusions in your insurance policy, and any pre-authorization requirements of your insurance company.
- We will attempt to confirm your insurance coverage prior to your treatment. It is your responsibility to provide current and accurate insurance information, including any updates or changes in coverage. Should you fail to provide this information, you will be financially responsible.
- If we have a contract with your insurance company, we will bill your insurance company first, less any copayment(s) or deductible(s), and then bill you for any amount determined to be your responsibility. This process generally takes 45-60 days from the time the claim is received by the insurance company.
- If we do not contract with your insurance company, you will be expected to pay for all services rendered at the end of your visit. We will provide you with a statement that you can submit to your insurance company for reimbursement.
- Proof of payment and photo ID are required for all patients. We will ask to make a copy of your ID and insurance card for our records. Providing a copy of your insurance card does not confirm that your coverage is effective or that the services rendered will be covered by your insurance company.
- Please understand some insurance coverages have Out-of-Network benefits that have co-insurance charges, higher co-payments and limited annual benefits. If you receive services are part of an Out-of-Network benefit, your portion of financial responsibility may be higher than the In-Network rate.

I have read the financial policies contained above, and my signature below serves as acknowledgement of a clear understanding of my financial responsibility. I understand that if my insurance company denies coverage and/or payment for services provided to me, I assume financial responsibility and will pay all such charges in full.

Signature of Patient /Responsible Party

Date

Name of Patient/Responsible Party (please print)

Relationship to Patient

Assignment of Insurance Benefits/Eligibility Certification

Primary Insurance Plan		
Patient Name	Date of Birth	
Insurance Plan	Group #	Policy #
Insurance Company Address	Phone #	
Subscriber Name	Relationship to Patient	
Subscriber Certificate/Social Security #	Subscriber Date of Birth	
Subscriber Employer	Employer Phone #	
Employer Address		
For Medicare Patients Only		
Health Insurance Claim #	Part A Effective Date	Part B Effective Date
Other Insurance Coverage for Patient		
Patient Name	Date of Birth	
Insurance Plan	Group #	Policy #
Insurance Company Address	Phone #	
Subscriber Name	Relationship to Patient	
Subscriber Certificate/Social Security #	Subscriber Date of Birth	
Subscriber Employer	Employer Phone #	
Employer Address		
<input type="checkbox"/> I hereby authorize and request that payment of authorized Medicare/other insurance company benefits be made on my behalf, be paid directly to Community Health and Life Center for any medical or surgical services rendered by its affiliated medical groups to me or a member of my family. I authorize any holder of medical or other information about me to release to the Social Security Administration, Health Care Financing Administration, its agents or carriers, or the insurance company any information needed for this or a related Medicare/other insurance claim to determine these benefits or the benefits payable for related services. I understand that it is mandatory to notify the healthcare provider of any other party who may be responsible for paying for my treatment.	<input type="checkbox"/> I understand that I am eligible for benefits through my HMO policy. I understand that my assigned IPA/Medical Group chosen for my benefits is a Community Health and Life Center. I am aware that if the above is not true, I (or the person financially responsible me) am responsible for all charges related to services provided to me. I agree that if the above is not true, I (or the person financially responsible for me), will pay in full all such charges.	
_____ Signature of Patient /Responsible Party	_____ Date	
_____ Name of Patient/Responsible Party (please print)	_____ Relationship to Patient	



COMMUNITY HEALTH *And* LIFE CENTER

ACKNOWLEDGEMENT OF RECEIPT Joint Notice of Privacy Practices

Your name and signature on this form indicates that you have received a copy of Community Health and Life Center's **Joint Notice of Privacy Practices** on the date and time indicated below.

If you have any questions regarding the information contained in Community Health and Life Center's **Joint Notice of Privacy Practices**, please contact Community Health and Life Center's Chief Compliance Officer at (346) 616-0038.

Printed Name: _____

Signature: _____

Relationship to Patient: _____

Date Received: _____ Time Received: _____

FOR FACILITY USE ONLY

We attempted to obtain written acknowledgement of patient's receipt of our **Joint Notice of Privacy Practices**, but acknowledgement could not be obtained from the patient for the following reason:

- Individual Refused to Sign
- Emergency Situation Prevented Signature
- Patient Requested Above Individual Sign on His / Her Behalf
- Other (please specify) _____

Registration Representative Signature: _____ Date: _____

ACKNOWLEDGEMENT OF RECEIPT
Joint Notice of Privacy Practices

Communicating with You

In order to effectively communicate with you about your medical information we request that you complete this form identifying the best ways to provide you with your confidential information. We may need to communicate test results, prescription information or respond to a message you left for your physician's office. **We may communicate with you through mail, secure email, and telephone, including leaving messages on your answering machine/voice mail.**

Please check all boxes that you give Community Health and Life Center permission to use for your communications:

<input type="checkbox"/> You may contact me by telephone	Phone Number: _____
<input type="checkbox"/> You may leave a message/voice mail	Phone Number: _____
<input type="checkbox"/> You may contact me by mail	
<input type="checkbox"/> You may contact me through email	

If you give permission for us to communicate with anyone else, please complete the list below:

Name/Phone Number	Relationship	Options
1.		<input type="checkbox"/> Billing Information <input type="checkbox"/> Appointment Information <input type="checkbox"/> Medical/Health Information
2.		<input type="checkbox"/> Billing Information <input type="checkbox"/> Appointment Information <input type="checkbox"/> Medical/Health Information

This request supersedes any prior request for communication of information I may have made.

Signature of Patient/Responsible Party

Date

Name of Patient/Responsible Party (Print)

Relationship to Patient

PATIENT HEALTH QUESTIONNAIRE (PHQ-9)

NAME: _____

DATE: _____

Over the last 2 weeks, how often have you been bothered by any of the following problems?

(use "✓" to indicate your answer)

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself—or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed. Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead, or of hurting yourself	0	1	2	3

add columns

+

 +

(Healthcare professional: For interpretation of TOTAL, please refer to accompanying scoring card). TOTAL:

10. If you checked off *any problems*, how *difficult* have these problems made it for you to do your work, take care of things at home, or get along with other people?

Not difficult at all _____
 Somewhat difficult _____
 Very difficult _____
 Extremely difficult _____